



TRAINING SOLUTIONS

COMPANY INFORMATION

CAGE: 8ZDG8

UEI: PLKTVKPDW2J1



NAICS Codes

611710

Educational Support Services

611430

Professional Development Training

711510

Speakers, Independent

541612

Human Resources Consulting Services

624190

Individual & Family Services

CONTACT INFORMATION

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CAPABILITY STATEMENT

Family Life Enhancement, LLC (FLE Training Solutions) helps government agencies reduce employee burnout, improve retention, and increase workforce productivity through evidence-based training, coaching, and organizational consulting.

CORE COMPETENCIES

- Workforce Resilience & Burnout Prevention Training (In-Person & Virtual)
Leadership Development & Performance Accountability
Workplace Communication & Conflict Management
Emotional Regulation & Stress Management Programs
Court-Approved Co-Parenting Education Services
Executive & Professional Development Coaching
Structured Online Learning Programs

DIFFERENTIATORS

- 22+ Years of Behavioral Health & Professional Development Experience
3,000+ Individuals Served Across Public and Community Sectors
95% Positive Participant Satisfaction Rate
Experience Serving Court Systems & Law Enforcement Agencies
Structured, Curriculum-Based Training (Not Motivational Speaking)
Published Author: De-Stressing the Stressed-Out Family
Programs Designed for Long-Term Behavioral Change with Practical Tools and Follow-Up Resources

Delivery Methods: In-Person | Virtual | Hybrid | Half-Day Workshops | Multi-Session Series

PAST PERFORMANCE

Supreme Court of Virginia – Dispute Resolution Services (Current)

- Delivered court-approved co-parenting education to 2,000+ participants in active proceedings
Achieved a 99% non-repeat filing rate, with only 1% of participants requiring repeat court filings
Supported court efficiency and conflict-reduction outcomes

Chesterfield Sheriff's Department

- Delivered customized Work & Family Life Balance training to 150 personnel, including deputies, dispatchers, and administrative staff
Department leadership reported measurable improvements in staff morale, communication, and professional conduct following training

Corporate & Professional Organizations

- Employee Assistance Professionals Association – Presented professional development webinar for 25 professionals
Women in Manufacturing – Guest speaker for Virtual Leadership Series (200 participants)
NPEP Annual Virtual Conference – Delivered structured session to 125 Parent Educators
2023 GROW Expo, Fluor (Greenville, SC) – Delivered interactive leadership and management training to 125 professionals
30+ conferences, workshops, and community engagements serving audiences of 25-500+ participants

